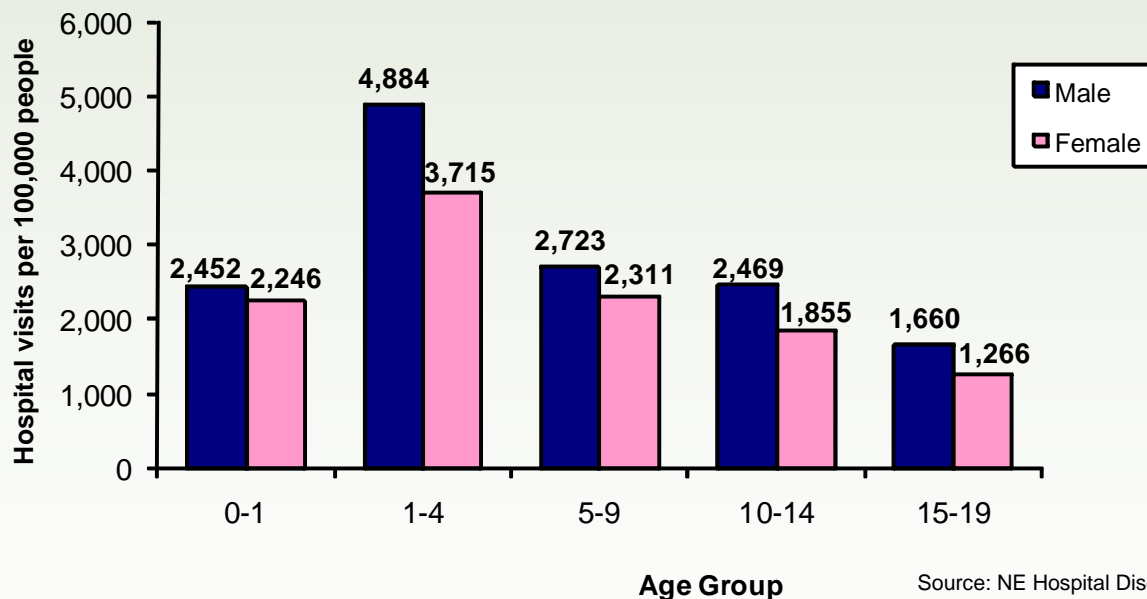


## CHILDHOOD FALL-RELATED INJURIES

- From 2003 to 2007, unintentional falls were the leading cause of injury-related hospital visits among Nebraska youth under 20 years old. There were a total of 3 deaths and 62,535 hospital visits.
- Hospital visits for childhood fall-related injuries were highest among boys and children ages 1-4 years.
- For children ages 0-9 years, the most common type of unintentional fall-related injury was "falls from one level to another," such as falls from stairs, playground equipment, or bed. "Falls from slipping, tripping, or stumbling," such as falls from in-line roller skates or skis, were the most common type of unintentional fall-related injury for children ages 10-19 years.
- Nearly half (49%) of fall-related injuries occurred in the home, while 18.4% occurred in a place of recreation and sports, and 14.6% occurred in public buildings.

Measures to prevent fall-related injuries in children include adult supervision near fall hazards (e.g. stairs, playgrounds); installing home safety devices, such as window guards and stair gates; and wearing bicycle helmets and protective sports equipment.

Figure 1: Hospital Visit Rates for Unintentional Falls by Age and Gender, Nebraska Residents Ages 0-19 years, 2003-2007 (n=62,535)



Source: NE Hospital Discharge Data, 2003-2007



For more information, contact the DHHS Injury Prevention and Control Program at (402) 471-2101 or visit [www.dhhs.ne.gov/hew/hpe/Injury](http://www.dhhs.ne.gov/hew/hpe/Injury)